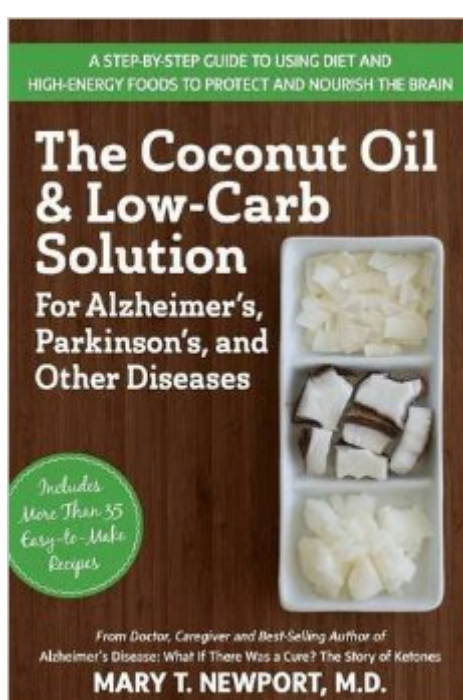


The book was found

The Coconut Oil And Low-Carb Solution For Alzheimer's, Parkinson's, And Other Diseases: A Guide To Using Diet And A High-Energy Food To Protect And Nourish The Brain



Synopsis

From the author of the best-seller *Alzheimer's Disease; What if There Was a Cure?*, Mary T. Newport, M.D., now presents this guide of how to integrate diet in the treatment of neurodegenerative diseases.

Book Information

Paperback: 320 pages

Publisher: Basic Health Publications, Inc.; 2nd Revised ed. edition (August 1, 2015)

Language: English

ISBN-10: 1591203813

ISBN-13: 978-1591203810

Product Dimensions: 6 x 0.8 x 9 inches

Shipping Weight: 14.4 ounces (View shipping rates and policies)

Average Customer Review: 4.9 out of 5 stars [See all reviews](#) (21 customer reviews)

Best Sellers Rank: #25,167 in Books (See Top 100 in Books) #17 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Alzheimer's Disease](#) #21 in [Books > Health, Fitness & Dieting > Mental Health > Dementia](#) #64 in [Books > Health, Fitness & Dieting > Diets & Weight Loss > Low Carb](#)

Customer Reviews

This book needed to be written. Fortunately it has been written by a gentle expert, who has the patience and integrity to distinguish fact from opinion by providing references to scientific publications to support every claim. Subtitled "A Step-by-Step Guide to Using Diet and a High-Energy Food to Protect and Nourish the Brain", this book fulfills that role with clarity and practicality. It provides well-thought and well-presented lay-discussions of the known science regarding nourishment and healing of damaged brains and practical guidance for implementation in daily life. Importantly, it also provides a guide to recent thinking regarding the practice and efficacy of ketogenic therapy for damaged brains. It contains succinct introductions and references to numerous scientific publications which have appeared since the 2011 publication of "The Art and Science of Low Carbohydrate Living: An Expert Guide to Making the Life-Saving Benefits of Carbohydrate Restriction Sustainable and Enjoyable" by Jeff Volek and Stephen Phinney. Fresh ideas are presented and supported by scientific evidence. Dr. Newport is fellowship trained in Neonatology, the care of sick and premature newborns, and not in Neurology. This provides her with the advantage of a nonconventional viewpoint, but with the disadvantage of not belonging to

the club. Neurological practice usually emphasizes drug treatments and surgeries to provide relief from the onerous symptoms of brain disorders, and less frequently considers nutritional issues. An emphasis of neonatal care is nutritional issues and their role in the proper development of the brains of premature infants. Ketones and Coconut Oil have an important role. Aware that her nutritional emphasis is a departure, Dr.

[Download to continue reading...](#)

Cooking With Coconut Oil Vol. 1 - 50 Coconut Oil Recipes Promoting Health, Wellness, & Beauty - Coconut Oil Cookbook - Coconut Oil Uses - Coconut Oil (Coconut Oil Diet And Recipes) The Coconut Oil and Low-Carb Solution for Alzheimer's, Parkinson's, and Other Diseases: A Guide to Using Diet and a High-Energy Food to Protect and Nourish the Brain Low Carb Diet - Top 200 Low Carb Recipes Cookbook: (Low Carb, Budget Cookbook, Low Carb Diet, Low Carb Recipes, Atkins Diet, Low Carb Slow Cooker Recipes, Low Carb Living) Low carb cookbook: 35 delicious snack recipes for weight loss. Low carb cooking, low carb diet, low carbohydrate, low carb recipes, low carb, low carb ... low carb cooking, weight loss Book 1) Low Carb Cookbook: Delicious Snack Recipes for Weight Loss. (low carbohydrate foods, low carb cooking, low carb diet, low carb recipes, low carb, low carb ... dinner recipes, low carb diets Book 1) Low Carb: Low Carb Diet For Beginners. How To Lose 10 Pounds in 10 Days: (low carbohydrate, high protein, low carbohydrate foods, low carb, low carb cookbook, ... diet for dummies, low carb high fat diet,) Low Carb BOX SET 4 IN 1: 100 Best Low Carb Recipes You Will Love!: (low carbohydrate, high protein, low carbohydrate foods, low carb, low carb cookbook, ... low carb lunches, low carb dinners,) Low Carb: Low Carb, High Fat Diet. The Winning Formula To Lose Weight (Healthy Cooking, Low Carb Diet, Low Carb Recipes, Low Carb Cookbook, Eat Fat, Ketogenic Diet) Low Carb BOX SET 7 IN 1: 165 Amazing Low Carb Recipes You Will Love!: (low carbohydrate, high protein, low carbohydrate foods, low carb, low carb cookbook, low carb recipes) Low Carb: Low Carb Diet for Beginners - How to Lose 7 Pounds in 7 Days with Low Carb & High Protein Diet Without Starving! (low carbohydrate, high protein, ... carb cookbook, ketogenic diet, paleo diet) Low Carb Freezer Meals: 26 Make-Ahead Low Carb Freezer Meals: (low carbohydrate, high protein, low carbohydrate foods, low carb, low carb cookbook, low ... Ketogenic Diet to Overcome Belly Fat) Low Carb Casseroles: 21 Super Satisfying Low Carb Casseroles: (low carbohydrate, high protein, low carbohydrate foods, low carb, low carb cookbook, low ... Ketogenic Diet to Overcome Belly Fat) Low Carb Diet: 15 Healthy And Delicious Low Carb Salads To Lose Weight Fast: (low carbohydrate, high protein, low carbohydrate foods, low carb, low carb ... Ketogenic Diet to Overcome Belly Fat) Low Carb Diet BOX SET 3 IN 1: 30 Low Carb Snacks + 21 Low Carb Casseroles + 20 Low Carb Soups: (low carbohydrate, high

protein, low carbohydrate foods, ... Ketogenic Diet to Overcome Belly Fat) Low Carb High Fat Cookbook: Bacon, Butter & Coconut Oil-101 Healthy & Delicious Low Carb, High Fat Recipes Perfect For the Paleo Diet, Atkins Diet, Low ... Paleo Cookbook, Gluten Free Cookbook) Low Carb Ice Cream: 21 Great Low Carb Sugar Free Ice Cream Recipes: (low carbohydrate, high protein, low carbohydrate foods, low carb, low carb cookbook, ... Ketogenic Diet to Overcome Belly Fat) Coconut Oil and Apple Cider Vinegar: 28 Mind Blowing Uses for Coconut Oil and Apple Cider Vinegar (The Apple Cider Vinegar and Coconut Oil Bible - Amazing Benefits, Many Uses, and Natural Cures) Low Carb Casseroles BOX SET 2 IN 1: 38 Super Satisfying Low Carb Casseroles That Will Amaze Your Family: (low carbohydrate, high protein, low carbohydrate ... diet for dummies, low carb high fat diet) Low Carb Diet Book Collection: 90 Amazing Recipes - Low Carb Casseroles, Low Carb Soups, Low Carb Fat Bombs and Low Carb Ice Cream: (Fat Bomb Recipes, ... healthy eating recipes, ketogenic desserts) Low Carb Mexican Recipes: 25 Of Your Favorite Mexican Recipes Made Low Carb!: (low carbohydrate, high protein, low carbohydrate foods, low carb, low ... Ketogenic Diet to Overcome Belly Fat)

[Dmca](#)